

## Family Planning Referral List for Douglas and Josephine Counties

Clinic	Title X (Title 10)	CCARE	OHP	Private Ins	Sliding Scale	Walk-in Welcome	Methods offered
<b>Umpqua Community Health Clinic</b> 541-672-9596	●	Coming Soon	●	●	●	●	All methods of birth control offered
150 Kenneth Ford Drive Roseburg, OR 97470							
123 Ponderosa Drive -- Sutherlin Tuesdays 1:00 pm -- 4:00 pm 971 South Main -- Myrtle Creek Fridays 1:00 -- 4:00 pm							
<b>South River Community Health Center</b> 541-492-4550			●	●	●		All methods of birth control offered
671 SW Main Street Winston, OR 97496							
<b>Oregon Urology Institute</b> 541-334-3350			●	●			Vasectomies, requires referral from Primary Care Physician
341 Medical Loop Roseburg, OR 97470							
<b>Planned Parenthood</b> 541-344-9411	●	●	●	●	●	●	All methods of birth control offered
<i>Ashland * / Medford / Grants Pass</i> 1532 Siskiyou Blvd.   125 S. Central Ave   160 Franklin Blvd <i>* Title X not available at the Ashland clinic</i>							
<b>Josephine County Public Health</b> 541-474-5325	●	●	●	●	●	●	All methods of birth control offered
715 NW Dimmick St. Grants Pass, OR 97526							
<b>Siskiyou Community Health Center</b> 541-472-4777		●	●	●	●		All methods of birth control offered
Clinics in Grants Pass and Cave Junction							
<b>Women's Health Center of Southern Oregon</b> 541-479-8363		●	●	●	●		All methods of birth control offered
<b>Asante Physician Partners - Urology</b> 541-507-2020			●	●			Vasectomies, requires referral from Primary Care Physician

**If you have health insurance, they MUST cover ALL birth control methods at NO COST to you. Regardless of your insurance status, you may still qualify for free or low cost birth control under Title X (10) or CCARE, please see guidelines below.**

### Title X (Title 10)

Title X (called "Title Ten") is a Federal Grant Program providing confidential family planning and reproductive health services to low-income, uninsured, and undocumented individuals at reduced or no cost. Title X Clinics cannot refuse services based on ability to pay, and offer a sliding scale fee based on income. Individuals at or below the federal poverty level pay nothing.

**Oregon Contraceptive Care (CCARE):** CCARE offers free contraceptives, contraceptive counseling and annual exams to women and men who meet financial guidelines and eligibility requirements listed below:

1. Live in Oregon
2. Have income up to:
3. Present photo ID
4. Have a Social Security number (SSN)



Household Size	Weekly*	Monthly*
1	\$566	\$2,453
2	\$766	\$3,319
3	\$966	\$4,186
For each additional person add: \$200		\$867
<i>Income before taxes of March 1, 2015</i>		

**Primary Care** - You may have a primary care provider that offers Family Planning Services

**For private insurance**, call your insurance company, and ask to speak with a representative.

**For Oregon Health Plan**, contact your Care Coordinated Organization (CCO)

**Umpqua Health Alliance** - 541-229-4842

**AllCare Health CCO** - 541-471-4106