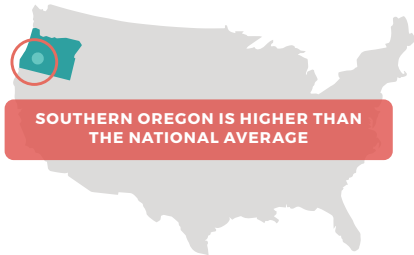
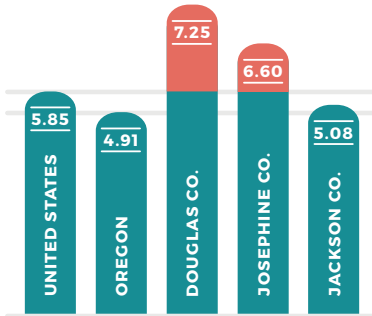




HEALTHY START OF SOUTHERN OREGON

Health Care Coalition of Southern Oregon

facilitates **Healthy Start**, a federally-funded grant program focused on improving health outcomes for women, infants, and their families. Healthy Start strives to reduce the rates of infant and maternal mortality (death within one year of birth or end of pregnancy) in Southern Oregon.



2013-2018 infant mortality rates, six-year average (per 1,000 births)

The Disparities: There are significant racial and ethnic disparities in pregnancy and birth outcomes in the United States and here in Southern Oregon.

- ▶ Non-Hispanic Black: 10.8
- ▶ Native Hawaiian or other Pacific Islander: 9.4
- ▶ American Indian/Alaska Native: 8.2
- ▶ Hispanic: 4.9
- ▶ Non-Hispanic White: 4.6
- ▶ Asian: 3.6

2018 national infant mortality rates (per 1,000 births)



The Causes: Infant and maternal mortality are impacted by complex social issues, known as **social determinants of health**.

How Healthy Start is Making a Difference: Our Healthy Start program works with key community partners to enhance services tied to clinical care, home visits, nutritional support, and parent education.



Our Impact



Over 90% of Healthy Start clients have a primary care provider as their "medical home"



92% of Healthy Start mothers initiate breastfeeding



100% of Healthy Start clients receive a depression screening and referral for support as needed



Over 90% of Healthy Start infants are on schedule for well-baby visits and recommended vaccines

